

Activity - Report (2014 - 2015)

# 2014

GCEAP-Girl Child Education Adoption Program 3<sup>rd</sup> April 2014
Phase II

•	Launch of Another Computer Centre	27 <sup>th</sup> April 2014
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# 2015

•	Free Health Check-up Camp	24 <sup>th</sup> January 2015
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٠	International Women' Day	8 <sup>th</sup> March, 2015
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3<sup>rd</sup> April 2014

# **GCEAP-Girl Child Education Adoption Program – Phase II**

Education is a right, a birthright like the right to have proper food or a roof over your head. Educating girls is a powerful level for their empowerment, as well as for reducing poverty. Girls who are educated are likely to marry later and to have smaller, healthier families. Education helps girls to know their rights and claim them, for themselves and this families. Education can translate into economic opportunities for women and their families.

Therefore, education is not only a right but a passport to human development. It opens door and expands opportunities and freedoms. It contributes to fostering peace, democracy and economic growth as well as improving health and reducing poverty. The ultimate aim of education is sustainable development.

Sai Social Responsibility & Research Centre initiated GCEAP – Girl Child Education Adoption Program "Shristi .... Hasrate Hamari" as a result of survey finding number of girl child going to school. The project involves providing sponsorship to the girl child, their elementary requirements viz. uniform, shoes, books and stationary and dedicated volunteers along with betterment in the school environment. Often in the class rooms an average of 20 to 25 children learn in shifts. Our goal is to find one child out of one class and if there are five classes we will find five such girl students who are unable to afford the fee. Sai Social Responsibility & Research Centre after taking over Educom Foundation stay determined to improve the learning levels of the targeted students and give them wings to fulfil their dreams.

Therefore it started with annual survey for the fact finding and supporting the deserving & needy one or two at a time. Keeping their moral high and parents involved had been the real challenge but by new we have 6-8 girl children whose progress report tracking tell us how rewarding had been our effort. Holistic education had been the key in one effort of GCEAP and this effort need lot of support from all quarters.



27<sup>th</sup> April, 2014

#### Launch of another Computer Centre

In continuation of its sincere efforts of providing opportunities of teaching basic computing technologies to regular village school students, public school students as well as to the general public, Sai Social Responsibility & Research Centre took a further step and launched another centre for Free Computer Classes at Ram Rahim Memorials at Jaitpur.

Sai Social Responsibility & Research Centre along with Student volunteers has initiated its first Computer Centre with two free computers and basic furniture's in the terrace of village head's home on 8th October 2013. It was great to see village students were quite regular in using the computers kept at the Centre for basic learning. However, we realized that providing computer learning at another corner of the village along with commitment of teachers from Ram Rahim Memorials with computer expertise would help us achieving the desired. Therefore, in presence of Principal Ram Rahim Memorial, Mr. Munna Singh, the teachers of the school and few senior citizen of the area Sai Social Responsibility & Research Centre – Managing Director – Dr. Sushi Singh inaugurated the other Centre in the premises of Ram Rahim Memorials with two free computers.

The basic skills to be taught, teaching time and required information were circulated through handbills. The children present over there were given to understand the basics of computer knowledge to begin with and they were also allowed to spend 10 minutes each on the computer who enjoyed learning the booting and parts of the computer. Children who had been attending our classes at the other Centre were provided with computer worksheets in Hindi for revision during the summer holidays.

Sai Social Responsibility & Research Centre showed its gratitude's to AVS technology who provided its resource person for repairing the computer of first Centre and upgrading the computers with animation and graphic software at new opened Centre.

Sai Social Responsibility & Research Centre was also thankful to Ram Rahim Memorials for ensuring presence of a computer teacher on regular basis to the newly opened Centre. Sai Social Responsibility & Research Centre look forward to have greater involvement of student volunteers to make this initiative a success. Together, we truly hope that our all these efforts would empower the students of village who had no access to computer education and sincerely wish that employability should not be tougher for them.



"By opening up computer centre for computer education, we hope to facilitate more learning, job and advancement opportunities to anyone who wants them," said Dr. Sushi Singh, Managing Director, Sai Social Responsibility & Research Centre.





4<sup>th</sup> July, 2014

#### Yoga Workshop

Sai Social Responsibility & Research Centre had initiated a number of social initiatives along with running computer literacy programs, women empowerment and senior citizen care programs for the children, youth and women in the village Jaitpur. Taking forward its long term commitment towards the need of society, it organized a "Free Yoga Workshop" at Ram Rahim Memorials School, Jaitpur village, Gautam Budha Nagar, Greater Noida, in collaboration with well reputed yoga teacher and advocate Ms. Varsha Sharma from Delhi. Due to prior engagements and guest lectures JRE student volunteers could not participate in this program.

As per newly launched schedule VII, CSR spends shall integrate "training to promote rural sports, Sai Social Responsibility & Research Centre would continue with its sincere efforts of making a difference in Jaitpur as a part of its VDP: village Development Plan under blue window initiative. To promote the desired awareness of wellness and rural sports we scheduled a "Yoga Workshop" with eminent Yoga Teacher Ms. Varsha Sharma from 10:00 - 12:30 pm at premises of Ram Rahim Memorials at Jaitpur .A talk on "Education & Sports: Integration required " was scheduled with eminent coach Mr. Babar Khan followed by basic training of rural youth and school children.

The program was organized to engage with students, teachers and all age group residents of Jaitpur village and explain the importance of Health, wellness and Hygiene in the life of children, youth, women and senior citizens. Those present on the occasion included the Gram Pradhan of Jaitpur Village, Mr. Pramod Singh, Ex-Gr am Pradhan Dr. Sushi Singh, Managing Director - Sai Social Responsibility & Research Centre and a few guests from Delhi.

Ms. Varsha Sharma, talked about "Need of Yoga in our Life & Education" and conducted a workshop and emphasized on the important aspects of living a healthy life with a positive attitude. She helped students and youth to understand Asanas and its benefits in healing mind and body. Students of all age group, youth and a few ladies thoroughly participated in it though they were ignorant of the power of at temple premises of the village. Village elders and senior citizens were also invited to attend Yoga in life. It was



decided that that if students will continue and practice the same with similar passion then another workshop of Yoga & Wellness shall be held in the month of August 2014.

Dr. Sushi Singh, Managing Director began with conveying best wishes to the village school teachers, students and officials on behalf Sai Social Responsibility & Research Centre. She also thanked Ms. Varsha Sharma profusely for being present and for giving assurance of providing all support in implementing the desired projects related to wellness. All the students and village people were provided with snacks and soft drinks arranged through sponsors of Sai Social Responsibility & Research Centre.

This area of Jaitpur with a population of 3000 residents and approx. 600 school children with men and women ration 60:40 has only 4 primary schools in the village and resident have no access to senior secondary education, primary health center or any other such awareness center from any organization. So the awareness drive / this program shall certainly school children, elderly and youth population with the platform of Blue Window Initiative in the area to voice the concern of the society. This initiative is an extension of the on-going village development plan, which focuses on supporting primary education, computer literacy drive, Girl Child Education, spreading awareness about health and hygiene, environmental sustainability and equipping the deserving one with vocational skills to make them financially independent. Sai Social Responsibility & Research Centre presented a talk on the occasion that emphasized the importance of health and hygiene for a healthy society.

Talking about the program, Dr. Sushi Singh, Managing Director - Sai Social Responsibility & Research Centre said, "Sai Social Responsibility & Research Centre is committed to bring a positive change in the community, the transformation of Jaitpur into a model village as its first step, where education is a priority for everyone, and both the youth and older generation are aware of importance of health, wellness and hygiene for not only healthy society but for a developing nation. Our special emphasis is on creating awareness towards their right to education, women empowerment, health and hygiene and our Blue Window Initiative with a number of awareness drives in the pipeline is an important step in this direction.



We at Sai Social Responsibility & Research Centre advocate this philosophy "The best way to find yourself is to lose yourself in the service of others.....Live as if you were to die tomorrow. Learn as if you were to live forever....

You must be the change you wish to see in the world".

It's hearting to see the efforts and small visible results of our joint endeavors.







12<sup>th</sup> July, 2014

## "Free Basic Community Primary Health Care Centre"

Initiative launched on occasion of "Malala Day "as per UN declaration on 12th July at Jaitpur Village, Greater Noida

Aim to promote primary health care education, computer literacy, rural sports & girl child education at Prathmik Vidyalaya, Ram Rahim Memorials at Jaitpur village

Sai Social Responsibility & Research Centre aims to provide quality education & awareness of health, environment, skill development to the people in rural and semiurban areas, in partnership with Helpline Pharmacy Delhi along with continued support from student volunteers of JRE Group of Institutions today launched a special "Free Community Primary Health Care Centre" at Jaitpur village, Gautam Budha Nagar, Greater Noida to mark the empowerment of girl child, UN declared World's "Malala Day on 12th July 14.

The program aims to engage with residents of Jaitpur village and explain the importance of Healthy living, Health, sanitation, basic primary health care in education in the life of a village resident. Those present on the occasion included the Chief Guest Founder Chairman Mr. V.K. Surekha, Gram Pradhan of Jaitpur Village, Mr. Pramod Singh & Omprakash ji, Mr. Munna Singh, Principal Ram Rahim, Dr. Sushi Singh, Managing Director – Sai Social Responsibility & Research Centre as well as student volunteers.

This initiative is an extension of the on-going village development plan, which focuses on supporting primary education, computer literacy drive, Health & Environmental issues at Prathmik Vidyalaya, Jaitpur by Sai Social Responsibility & Research Centre. This program would provide

- Regular follow-up and counseling of the children and their parents regarding health 7 hygiene
- Provide free basic medicines & referring them to nearest hospitals
- Educate them on use of free facility regarding their health and healthy society.
- Spread awareness about their status and rights in the society
- Equip them with knowledge about their rights, vocational skills and make them healthy individuals of society.



Sai Social Responsibility & Research Centre would aim to achieve these Goals from:

- Contribution of collage students and volunteers
- Support of individual donors as Mr. V Sureka, a reputed Philanthropist
- Support of local officials and villagers

This area of Jaitpur with a population of 3000 residents and approx.600 school children has boys & Girls ratio in 60:40. So, the program shall certainly benefit all village residents of Jaitpur but also neighboring three village population and provide them with better access to health care& education with monitored progress.

Sai Social Responsibility & Research Centre along with student volunteers began the morning with a friendly match between urban and rural youth. After the matches, we inaugurated our first Free Basic Health Care Centre at the premises of Ram Rahim Memorials with a doctor from Helpline pharmacy and required logistics from Sai Social Responsibility & Research Centre. We also promoted our computer literacy drive by donating one more computer for the community on the same day to our second computer centre at Ram Rahim. We also emphasized on promotion of rural sports by facilitating facilities for rural sports as football in local communities by organizing friendly football march amongst rural youth under the training and supervision from reputed coach of Delhi Police. Helpline Pharmacy sponsored this project and we felicitated the Founder Chairman Mr. Surekha as Chief Guest. They assisted us by providing a Doctor, Technician and free medicines worth 1 Lac rupees per month. Student volunteers presented an emotional poem on "Malala Day" as the theme of empowerment on the occasion that emphasized the empowerment of society with importance of education for the girl child.

Talking about the program, Dr. Sushi Singh, Managing Director - Sai Social Responsibility & Research Centre, said, "Sai Social Responsibility & Research Centre is committed to bring a positive change in the community with transformation of Jaitpur into a model village as its first step, where education is a priority for everyone, and both the youth and older generation are computer literate and progress towards making a healthy society. Our special emphasis is on empowerment and our establishment of free basic community primary heath care centre is an important step in that direction."

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In the past, Sai Social Responsibility & Research Centre has partnered with student volunteers in running computer literacy programs for the youth in the village. This program focuses on the need for technology in education and how technology can help them advance through cognitive learning. Moreover, computer literacy is helping the students raise their level of competence.



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20<sup>th</sup> July 2014

#### **Free Rural Sports Training Session**

"Aao Khele"

Sai Social Responsibility & Research Centre in its endeavor of promoting rural sports at its model village Jaitpur continued with its 2<sup>nd</sup> weekly training session of rural sports on 20<sup>th</sup> July 2014. It was truly overwhelming to see children of all ages and especially girls of all ages were already there waiting for us at 6:00 am on a Sunday morning. Groups of children who already had received two session of training were taught to do the marking of the ground for making it usable for different rural sports such as Football, Kho-Kho and Kabbadi. They were motivated to initiate with intense warming up exercises followed by 2 matches of football and 2 matches of Kho-Kho with all rules and strategy. Then the healthy snacks and glucose were distributed and a discussion on playground strategy, preparation of the game, rules and above all benefits of these sports to enhance physical & mental alertness, fitness and developing a disciplined life with positive attitude was held in the middle of the ground at 12:00 noon.

Students from various schools, class and age groups showed keen interest and it as truly gratifying experience altogether. Later, on demand students were taken to the 2nd computer centre and a basic training and registration was done for different groups. Sai Social Responsibility & Research Centre believes that all children deserve the opportunity to fulfill their dream.





3<sup>rd</sup> August, 2014

#### **Closing Ceremony – Rural Youth Sports Training Session**

We as Sai Social Responsibility & Research Centre at Jaitpur are committed to the wellbeing of India's rural and semi urban community. We are dedicated to the well-being of not only the individual farmer, other underprivileged semi urban individual but his family and his community as well.

We undertake several corporate social responsibility activities that better the lives of this semi urban underprivileged community holistically. This includes quality education assistance, awareness and counseling by college student volunteers, primary free public first aid centre, sponsoring rural sports, undertaking computer education and mental wellbeing development and women awareness projects. We further strive to provide scholarships to farmers' children so that they may attain professional degrees in engineering and agriculture. We continue to strengthen our bonds with Indian farmers and semi urban youth with initiatives such as "Mera Gaon, Meri Jimmedari" and "Chalo Khele" program.

Competition is part and parcel of life. Sai Social Responsibility & Research Centre seeks to instill the spirit of competition in the young and the young at heart by promoting and sponsoring various rural sports competitions. These sports activities range from Kho- Kho girls, football, wrestling and kabaddi tournaments to popular rural sports such as bullock cart racing. Sai Social Responsibility & Research Centre seeks the help of numerous village sports clubs, youth associations and farmers clubs to conduct these activities though it had been a challenge to involve others stakeholders.

After five consecutive Sunday training sessions of "Football and Kho-Kho culminated in a final match between "Rural vs Urban Youth" at JRE campus at Greater Noida on 3<sup>rd</sup> August 2014. Though the college students with their proper soccer kit and college girls with good pair of shoes and better playground and training won the show but rural boys and girls from Jaitpur gave them a tough competition. Trophy and medals went to the winner team and the boys from Jaitpur were awarded with Tees and girls with white canvas shoes for practice by sponsors of Sai Social Responsibility & Research Centre. Sai Social Responsibility & Research Centre. Sai Social Nashisht and Ms. Varsha Baxi for their time, guidance and assurance of continued support.

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15<sup>th</sup> August, 2014

#### Independence Day Celebration

As a part of our village development plan " Mera Gaon, Meri Jimmedari" at Jaitpur village, Sai Social Responsibility & Research Centre along with its student volunteers celebrated 68<sup>th</sup> Independence Day at Jaitpur village with high spirit and pride. The students of different age groups from all three schools along with some elderly members and women volunteers of the community participated in the celebration. We hoisted flag, made small students wave flags, sang national anthem and greeted one and all.

The flag hoisting was done by ex-village head Mr. Om Prakash in presence of elderly people of village, student volunteers, village school children, Women from village and Dr. Sushi Singh, Managing Director - Sai Social Responsibility & Research Centre. After flag hoisting everyone saluted the flag and sang the national anthem. The Ex. Village Head, Principal Ram Rahim, Managing Director - Sai Social Responsibility & Research Centre, Dr. Sushi Singh, Senior citizens of Jaitpur ,Jaitpur women & all college and school students together shouted the slogans as 'Bharat Mata Ki Jai' and 'Desh Ka Vikas Kaun Karega, Hum Karenge', Iss Desh Ki Suraksha Kauna Karega , Hum Karenge' and "Vande Matram".

4 patriotic songs were sung by different students from 3 schools, The students' volunteers helped us in organizing a painting competition with the theme of "What Freedom Means to me" and all students of grade

4th, 5th and 6th from 3 different schools whole heartedly participated in it. It was amazing to see out of 3 winners 2 were girls and all 3 were from the same school.

Sai Social Responsibility & Research Centre's Managing Director spoke her heart to children on 'Right To Education ' and to the ladies regarding what true meaning of freedom means to women very much corresponding to the PM reiteration on Education in his Independence Day speech. She also interacted with the students, senior citizens, women and adolescents regarding the best use of the latest facility of "Primary Health Care Centre". She took the feedback from villagers and instructed Doctor (made available to us by Helpline Pharmacy) accordingly. With the request from villagers she promised to get an "Eye Checkup Camp" in the village on 5th September.



Our student volunteers were able to convey the message to small village partners and women from Jaitpur that Every Indian must take an oath on the Independence Day to remain loyal and patriotic and to save his beloved motherland from any outside attack or humiliation, even at the cost of his life. And we must also feel at heart that all the Indians are our brothers and sisters, and accordingly, we must love and respect them. At the end they were distributed sweets.







5<sup>th</sup> September, 2014

# Free Eye Check-up Camp & Inauguration of Vocational Training Center – "Nari-Shakti"

Nari Shakti: Sai Social Responsibility & Research Centre launches Vocational Trainging Centre for women at Jaitpur Village, Greater Noida, UP

Vocational Training Centre will run 'Nari Shakti' – a skill training program to make village women self reliant. Initiative in line with PM's vision of developing Model Village in each district by 2019

Sai Social Responsibility & Research Centre today launched a Vocational Training Center for women and adolescent girls at Government Primary School, Jaitpur village. Kusum Foundation and VLCC are also key supporters of this program. This initiative is an extension of the on-going village development plan, which focuses on the all-round development of Jaitpur by Sai Social Responsibility & Research Centre. The centre was inaugurated by Chief Guest Dr. Mrinalini Singh – Child's Psychologist, Ms. Aprajita Sarangi – Ministry of Rural Development was also felicitated as special guest at the event.

Through this vocational centre, which is a part of the "Mera Gaon, Meri Jimmedari" – village development plan, Sai Social Responsibility & Research Centre will provide "Nari Shakti – training sessions" to the village women. Kusum Foundation along with VLCC will provide training sessions in beauty and wellness program 4 days in a week at a stretch of 1 month. VLCC will also provide the products for the training. It is expected that around 33% of 1500 village women will be benefitted by the training programme in the first phase.

As part of their ongoing health awareness drive, Sai Social Responsibility & Research Centre also organized a "Free Eye Check-up Camp" at this occasion.185 persons were registered, concealed and 12 were detected with cataract and were provided with the facility of free surgery on 6th of Sept.

Our first day 5th sept 2014 workshop cum training session registered 72 women for tailoring skill training, 35 for beauty session, 25 for Menhdi /Henna session and 28 for spoken English session. However, due to difficult accessibility of the village, trainers and



assistants from Delhi backed out for further sessions but we remain continued with 2 trainers and 2 assistants with separate project coordinators with a selected and committed group of 35 participants for each 2 programs on the second day of session. The enthusiasm and desire of village women, adolescent girls were noticeable for the first time in past 2 years of our experience through various programs in this selected model village. We are determined to continue with "Nari Shakti"- women skill training sessions with new and existing supporters. We truly appreciate support of our incredible JRE student Volunteers, Kusum Foundation, Tara Sansthan, GTM, Helpline Pharmacy & VLCC.







14<sup>th</sup> November, 2014

# **Children's Day Celebration**

## "Road Safety Awareness Campaign"

Sai Social Responsibility & Research Centre, today celebrated Children's Day at Community Hall Jaitpur Village, Gautam Budh Nagar. Delhi Police and ROSE Foundation are also key supporters of this program. The program was inaugurated by Mr. Rakish Yadu – SP- Traffic Police, Noida our Chief Guest at the event for Celebrating this "Children's Day -14th November 5, 2014 Pupils from three local primary schools in the Jaitpur, Gautam buddha Nagar and Safer Neighborhood Team from Educomp and JRE group of Institution under the Leadership of Dr. Sushi Singh put up a Street Play, a Run for unity & Safety and also a poster making competition for putting their artistic talents to good use to try and motorists to watch their speed and give a straight message" Alert Today, Alive Tomorrow".

The Safer Neighborhood Team (SNT) of Sai Social Responsibility & Research Centre have been working closely with the schools as part of a priority on promoting road safety and police officers (Police Community Support Officers) were requested for carrying out a variety of activities involving the youngsters, including speed checks. The aim had been to raise awareness of how the children can keep themselves safe by being careful even crossing the road, wearing light or fluorescent clothing and being aware of their surroundings as well as involving them in educating others about the dangers posed through hazardous driving behavior such as speeding.

As part of this campaign- a poster design competition was run in three local schools I and the winners were selected from the excellent designs received. The posters were given to traffic police department to use those in their theme based calendars.





16<sup>th</sup> December, 2014

#### "Bidding Adieu – 2014"

As a part of our continued efforts of "Mera Gaon Meri Jimmedari" at Jaitpur village, Gautam Buddha nagar in the state of Uttar Pradesh, our student volunteers wrapped up their teaching assistance assignments by conducting tests, review sessions and refresher courses. Each Saturday of December was utilized for revision and Sunday afternoon for the tests. Student volunteers were quite confident of a positive response from their village school students and especially from college girls enrolled for spoken English classes. Village school students from the Government Primary school and also from Ram-Rahim Public School and Muskan public school were divided into batches as per their age group, class performance and class participation. In line with one of Sai Social Responsibility & Research Centre's core motivations, to make learning practical and enjoyable, the theory papers were carefully designed as revision sheets and the practical mock tests included viva-voce style group discussions and individual commentary. One group engaged in educational activities such as group painting and excel sheet preparation for class details as part of their computer class.

All the volunteers were happy to see that village students of different age groups have started participating actively and while there is a long way to establish complete confidence in the students, their initial hesitation in opening up to the volunteers is mostly over. It was gratifying to see that a village with no computers in any of the existing schools could now claim that approx. 90% of its student body was able to operate computers and utilize it in their educational endeavours.

To ensure it wasn't all work and no play, volunteers also encouraged school students to perform for the occasion of New Year/Christmas. The best performances were acknowledged and video bytes of selected students were taken. A grand New Year's celebration was promised on Jan 14th 2015 post winter vacations.



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24th January 2015

## Free Health Check-up Camp

Free Health Check-up Camp on the occasion of 66<sup>th</sup> Republic Day 2015

To cherish the occasion of celebration of India's 66<sup>th</sup> Republic Day and the presence of Hon'ble President of United States Mr. Barack H. Obama, Sai Social Responsibility & Research Centre(SSRRC) organized a series of events at its model village Jaitpur on 24th Jan 2015 to convey the message to the community that duty of each one of us to exhibit solidarity towards the shared ideals of freedom, liberty, equality and justice of two of the world's largest Republics and Democracies.

Jaitpur village under the leadership of Sai Social Responsibility & Research Centre along with charitable trust "Mahavir International" together reiterated their commitment and passion to bring desired changes in India by doing their bit. So, as per request and identified need at Jaitpur SSRRC celebrated the special occasion of 66th Republic Day by

Welcoming the President of United States of America's

Organizing "Free Health & Eye Check-up camp" to bridge the gap of disparity, reopening of "Health Care Centre / Dispensary" and starting second phase of "Aaao Chalo Khele Abhiyaan".

Welcome Mr. President of United States

Students of Jaitpur village along with officials & volunteers of Sai Social Responsibility & Research Centre welcomed US President Mr. Barack Obama to India with zeal, pomp & pleasure. To give onus of our program" Mera Gaon, Meri Jimmadari" the village heads, elderly senior citizens and principals along with students of village schools were made hosts and were motivated to participate. They were told the importance of Mr. Barack Obama's Visit & expected growth and legacy. Slogans were shouted and pamphlets with colorful pics of both great Leaders along with our message to the society were given to one and all who were present there.



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In an endeavor to raise health awareness and to highlight the importance of regular health check- ups in our model village, Jaitpur, Sai Social Responsibility & Research Centre has been organizing Free Health Check-up Camps every year since 2013.During these health camps, our doctors team conduct eye test, ear test ,general blood tests for Cholesterol, Sugar and Creatine. Each person attending our Health Camp can avail one of the three tests free of cost. With the help of our collaborators, Mahavir International & Tara Sansthan, we get the cataract surgery done for identified poor villagers and deliver hope, faith and Sadvavna each time.

#### Event:

A Free He alt h Check-up camp was organized by Sai Social Responsibility & Research Centre & Mahavir International at village Jaitpur in Gautam Budha Nagar, U.P w hi c h w as attended by 440 per so ns from 3 village s . 250 patient s are examined and free Medicine were distributed. Prevalent diseases found in the said camp are Gastro intestinal Disorder, Arthritis, Skin problem, diabetes, hypertension. After 3 consecutive eye checkup camps in 2 years this year the number of identified patients for cataract operations were reduced to 6 only. They would be facilitated by Sai Social Responsibility & Research Centre for free surgery on 28<sup>th</sup> Jan, 2015. Following team of Mahavir International was present and made the camp a Success!

#### Background:

Even after decades of freedom, India is struggling to provide basic health services to its people. According to government sources, in India 45 children die every hour due to respiratory infections. 1 child dies every 2 minutes due to diarrhea and annually, about 2 million children under 5 years of age die due to preventable diseases. The situation calls or timely care and diagnosis which can reduce the incidence of morbidity and mortality especially among children and women.



Jaitpur is a small village with no primary government health centre. Therefore, in last two years, 3 Free Health Checkup camps as an "Health & Environment Care of the Community" initiative of Sai Social Responsibility & Research Centre has been organized in these areas to provide healthcare in remote rural areas and slums to service & to meet the immediate health care needs of the marginalized community. The uniqueness of such checkup camp lies in its comprehensive approach in areas where health services are not easily available.



Re-opening of Free Health Centre at Jaitpur.

With an intention to provide good health and to decrease burden of medical expenses of poor people, a non-governmental organization (NGO) Helpline Pharmacy came forward to help Sai Social Responsibility & Research Centre in its mission and a free dispensary for the needy was started in Sept 2014 at Jaitpur. The dispensary, which had been started in the school premises of Ram Rahim School has been shifted to a new location provided by ex- village head Mr. Omprakash. It will remain open for four days in a week and run with the help of volunteer doctors.

Director - Sai Social Responsibility & Research Centre Dr. Sushi Singh said, "We have seen many people ignoring their health because they don't have money to consult the doctor. So, we came up with an idea to open a free dispensary and now it has been materialized."

**Dispensary timings** 

Monday, Tuesday, Thursday and Friday from 10 am-1:30 pm.



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Restarting "Aao Chalo Khele Abhiyan".

Youth is a potent force in the society whose organized voluntary efforts can promote nationally accepted values, consciousness against social evil, development of fitness culture, etc. such voluntary efforts can thus help in building a healthy contributing to national development. In an attempt of giving a positive direction to the Youth activities at Jaitpur with specific aims to organize and channelize youth energy in character building activities, develop amongst youth a sense of pride in nationally accepted values like democracy, socialism, develop consciousness among youth against social evils such as dowry, gender discrimination , provide opportunity to the youth for participation in rural community development works and therefore to provide facilities for developing rural sports at grass-root level, Sai Social Responsibility & Research Centre initiated " Aao Chalo Khele Abhiyan" at Aug2013.

In its continuation of its efforts enthusiastic student volunteers after football friendly matches 3 village teams were invited to begin league cricket matches the able guidance of "Rajesh Vashisht, a senior coach from Delhi. Jaitpur, Sakipur & Junepat village teams enthusiastically nominated their team and started with first formal match as T-20.The series would result on 1st February 2015 at college campus and trophy would be awarded to the winning team. They would be sent to Delhi to face tougher teams.

Drawing Competition: Drawing competition was organized for 50 children in the premises of school. Children actively participated in the competition. 10 prizes were given for the best 10 drawings

A LONG THE TRANSPORT

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The contribution of Helpline pharmacy, Mahavir International & SSRRC Volunteers helped to bring success to the Camp and other events of the Day.

Future Plan:

SSRRC team suggested to conduct General Health checkup camp at Sakipur and Junepat in the coming next two months. The same will be planned with Mahavir International by organizing meeting.

We salute to our National Heroes and also value the support & cooperation of United States and look forward to enormous growth for both countries based on shared ideals

Jai Hind!



1st February 2015

# Cricket Tournament - 1<sup>st</sup> phase of 'Aao Chalo Khele Abhiyaan"

Rural sports promotion had been an agenda for Sai Social Responsibility & Research Centre mandate as a part of holistic development of Children complementing quality education. Need of sporty facility for the Jaitpur and adjacent village youth was felt during our interaction with them. A small beginning was made in 2014 where we organized football matched and kho-kho matched for village school boys and girls at Jaitpur after giving them a month training scheduled on every Sunday of the month .

The involvement of students of JRE College, some village volunteers and some volunteer coaches from Delhi proved to be highly useful and it built an environment of enthusiasm in village youth. There were growing demands of having Cricket matches and it was learnt from village youth that nearby 3 villages of Jaitpur do not have any kind of interaction and useful exchange of knowledge amongst them. In order to achieve camaraderie and unity amongst youth of these 3 villages – Jaitpur, Sakipur and Junpat, the concept to Cricket tournament was conceived. The first series of knock-out matches were played on 24th Jan, 2015 and the Final 3 matches were played on 1st Feb 2015. It was really satisfying to see the growing relations and harmony amongst them as they played with true sportsman spirit.

The Final 3 matches played on 1st Feb were organized in JRE campus and the administration was kind enough to provide break time snacks for them. Medals, trophy and refreshments were provided by Sai Social Responsibility & Research Centre. To large cakes were also donated by Executive consultant Sai Social Responsibility & Research Centre to celebrate her daughter's birthday with village youth.

Jaitpur village performed very well and won the trophy, while JRE were the runner-ups. Village youth of Sakipur and Janpat were given participation's certificates by Dean Prof. Rao of Jaitpur, Director - Sai Social Responsibility & Research Centre Dr. Sushi Singh, Village Head Mr. Om Prakash& Ram Rahim School Principal Mr. Tripathi.

In the coming month an athletic event and volley ball would be organized including five adjacent villages at Jaitpur as per the requests of village youth. Sai Social Responsibility & Research Centre– JRE student volunteers are quite excited and over whelmed with the success of their "Aao Chalo Khele Abhiyaan".

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8<sup>th</sup> March, 2015

#### International Women's Day

Sai Social Responsibility & Research Centre along with JRE School celebrates Women's Day launches "MakeltHappen" program for empowering women.

Sai Social Responsibility & Research Centre (SSRRC) in association with JRE Social initiative is 'Celebrating Women' this Women's Day. The society launched a special initiative called #MakeItHappen program for empowering women. The program was held at the Government primary school, Jaitpur Village, Noida.

The initiative benefited over 100 women from neighboring villages and the event was graced by Hon'ble Member of Parliament Ms. Priyanka Rawat, who engaged with these women and discussed in details on issues of women safety, health and women empowerment.

#### Key highlights of the event:

- Launched the first phase of "Adult Education" program for women.
- Addressed the grievances of rural women.
- Financial support of Rs. 50,000/- to single mother as a part of our "Abla Nahin Mein\_ Support Single Mother Program".
- Two sessions of Self-defense training for "Women Safety First" to village girls, college students and rural women by Delhi Police trainers.
- Suggestions on social reforms given by various activists.
- Corporate alignment for "Nari-Shakti" phase II.
- #PaintItPurple program for village girls who exhibited their computer skills after completing 3 months "Computer Literacy Program".
- Impromptu slogan writing competition by girls from "English Speaking Program"

International Women's Day Celebration on 8th March was truly a success as it not only benefited local village women, young girls and students from JRE but also initiated unprecedented events and awareness. Amongst some of the highlights of 8th march event was adult education for women - 1st phase (for 48 women), paintbrush



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competition between girls from our computer and English speaking classes in Village Jaitpur of Uttar Pradesh and a demo cum training session of three hours on self-defense! Exciting part was to see that village girls and college students from JRE were equally motivated and they requested Delhi Police trainers & officers to organize a month course of self-defense in JRE premises. Gyan Kosh / Adult education for women & Women safety first training session would start from Saturday11th March. It was heartening to see that local MP, PRI members and other functionaries could take part in a program organized by pure volunteer effort of Sai Social Responsibility & Research Centre and JRE students. Turnout of women was unprecedented from village point of view where there is still so much repression of women!

Commenting on this social initiative, Dr. Singh, Managing Director - Sai Social Responsibility & Research Centre said, "The first step to empower a woman is to give her good education. Along with this, she should be provided with physical training for self-defense and Skill training sessions. Through this initiative our only endeavor is to reach out to these women and make them economically independent to improve their social status."





8<sup>th</sup> March – 16<sup>th</sup> August 2015

#### Gyan Kosh – Phase 1

किसी भी देश को पूर्ण रूप से विकसित होने के लिए वहां की महिलाओं का शिक्षित होना जरुरी है।

महिला शिक्षा एक बहुत बड़ा मुद्दा है भारत को आर्थिक रूप से तथा सामाजिक रूप से विकसित बनाने में। शिक्षित महिला उस तरह का औज़ार है जो भारतीय समाज पर और अपने परिवार पर अपने हुनर तथा ज्ञान से सकारात्मक प्रभाव डालती है। देश के आर्थिक और सामाजिक विकास के पीछे शिक्षित महिला का अमूल्य योगदान होता है।

ऐसा देखा जाता है कि अनपढ़ महिला का जल्द ही विवाह कर दिया जाता है और वे जल्दी ही बच्चों को जन्म दे देती है। शिक्षित महिला ऐसा कदम सोच समझ कर उठा सकती है जिससे देश की बढती हुई जनसँख्या पर भी रोकथाम लगायी जा सकती है।

"स्ती की उन्नति पर ही , राष्ट्र की उन्नति निर्भर करती है।"

साईं सोशल रेस्पोंसिबिलिटी व रिसर्च सेंटर ने दिल्ली से 50 किलोमीटर दूर ग्रेटर नॉएडा के जैतपुर गाँव में एक सर्वेक्षण किया । सर्विक्षण के दौरान पाया गया कि गाँव की 200 महिलाएँ साक्षर नहीं है । महिलाओं ने साईं सोशल रेस्पोंसिबिलिटी व रिसर्च सेंटर के समक्ष पढना – लिखना सीखने की इच्छा व्यक्त की। साईं सोशल रेस्पोंसिबिलिटी व रिसर्च सेंटर की मैनेजिंग डायरेक्टर – डॉ सुशी सिंह ने इन महिलाओं को शिक्षित करने की ठान ली । महिलों को पढ़ाने – लिखाने की शुरुआत भजन कीर्तन करने से कि गई।

साईं सोशल रेस्पोंसिबिलिटी व रिसर्च सेंटर ने 2015 में ज्ञान कोष "की शुरुआत की ज्ञान कोष "कार्यक्रम के अंतर्गत 90 महिलाओं ने अपना रजिस्ट्रेशन कराया | परन्तु 90 महिलाओं में से 49 महिलाओं ने पढना – लिखना जारी रखा और सीखा | 3 महीने के Adult Education के इस कार्यक्रम को 5 महीने में कराया गया ताकि महिलाएँ अच्छे से सीख सकें |

इन 5 महीनों के दौरान क्या किया गया था:

- मूल अक्षर और वाक्य गठन कहानी कहानियां और कहानी बनाना।
- मुफ्त नोटबुक और वर्कशीट्स।
- आत्मविश्वासं और आत्म सम्मान निर्माण अभ्यास और कार्यशाला।





महिला सशक्तिकरण से संबंधित नुक्कड़ नाटक किए जिससे न केवल उन महिलाओं ने हमें पंजीकृत किया बल्कि अन्य महिलाओं को आगे आने और जागरूकता कार्यक्रमों का हिस्सा बनने में भी मदद की।

